



Developmental Disabilities through the Lifespan

October 30, 2009

Downtown Embassy Suites
Winston-Salem, NC



Anniversary
1974 - 2009

Co-sponsored by:

Northwest Area Health Education Center (AHEC) of Wake Forest University School of Medicine and part of the North Carolina AHEC Program, Amos Cottage, CenterPoint Human Services, Iverson Riddle Developmental Center, Special Olympics of North Carolina and The Special Children's School



Medical Center Boulevard | Winston-Salem, NC 27157-1060
Northwest AHEC | Wake Forest University School of Medicine

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Winston-Salem, NC
Permit No. 154

Developmental Disabilities through the Lifespan

October 30, 2009

7:50 am – 4:15 pm (registration at 7:30am)

Downtown Embassy Suites, Winston-Salem, NC

Who Should Participate

This workshop should be of interest to all healthcare professionals including physicians, nurses, pharmacists, dentists, allied, mental and public health professionals, parents, caregivers, consumers and all others with an interest in the developmentally disabled.

Program Overview and Objectives

Individuals with developmental disabilities have problems with major life activities such as language, mobility, learning, self-help, and independent living. This one day conference will focus on the issues affecting developmentally disabled individuals through their lifespan and the challenges they face living in mainstream society. The goal of this conference is to provide participants with a better understanding of the issues encountered by the developmentally disabled population and the services, resources and support systems available to them. This conference will provide participants with the opportunity to network with an interdisciplinary audience as well as visit exhibitors that provide services to the developmentally disabled population.

At the conclusion of this conference, participants should be better able to:

- Identify resources, support systems and services for individuals.
- Discuss the medical issues surrounding the treatment of patients.
- Cite the interpersonal relationships, dietary, neurological, and pharmacologic needs of this population.
- Describe problems through the lifespan of individuals with developmental disabilities.

Cost and Registration

\$ 100 – registration fee postmarked by October 16

\$ 125 – registration fee postmarked after October 16

Registration fee includes instructional and administrative costs, certificate of completion, lunch and refreshments. Lunch activities will be provided for paying participants only.

Handouts will be made available online only. You will receive information on how to obtain handouts in your confirmation letter.

Register and pay online at northwestahec.org or complete and return the attached registration form by mail or fax (see form for address and number). Payment by credit card (Visa, MasterCard, American Express), cash, money order, personal check or corporate check is accepted.

Payment and Refund Policies – *A refund of 70% of the paid registration fee will be available if a written cancellation request is received within 48 hours prior to the program date. You may send a substitute in your place.*

Note – *If you have not received confirmation of your registration 24 hours before the program date, please call Liz Leonard at 336-713-7715 or email leonard@wfubmc.edu to verify the status of your registration.*

Credits

.7 CEUs from Wake Forest University School of Medicine

7.0 Contact Hours from Northwest AHEC

7.0 Contact Hours NBCC (Provider #5465) Northwest AHEC is recognized by the National Board of Certified Counselors and abides by the NBCC Continuing Education Guidelines.

This program will provide **7.0 contact hours** (Category A) continuing education for psychologists.

Application has been submitted for **7.0 contact hours of General Skills Building** credit from the North Carolina Substance Abuse Professional Practice Board.

.7 Hours toward development of competence in Intervention Strategies (North Carolina Infant-Toddler Program).

The N.C. AHEC Program is a designated provider of Certified Health Education Specialist (CHES) credits by the National Commission for Health Education Credentialing, Inc. (NCHEC). This program is approved for **7.0 contact hours (Category I) in Health Education**.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This activity is acceptable to the North Carolina Board of Pharmacy for 7.0 pharmacy education credits. This program does not provide ACPE credit. To receive Northwest AHEC Pharmacy continuing education credit, the participant must identify himself/herself as a pharmacist and attend the entire program.

Nurses: This educational activity can be applied toward your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.

Directions

Downtown Embassy Suites

460 North Cherry Street, Winston-Salem, NC

Business I-40 to downtown Winston-Salem. Take the Cherry Street Exit. Hotel is on your left.

For More Information and Assistance

If you have questions about registering for this program, need recommendations for overnight accommodations, or need auxiliary aids or special services to attend this program, please contact Liz Leonard at least five working days prior to the program by calling **336-713-7715**.

While attending the program, you can be reached in case of emergency at 336-727-2976.

Agenda

- 7:30am Continental Breakfast/Registration/Exhibitors
Entertainment: Chris Burke with Joe & John DeMasi
- 7:50 Welcome
- 7:55 Keynote, Derrick Dufresne
- 9:00 Breakout Sessions A
1. Feeding/Nutrition/Obesity, Mary Christiaanse
 2. Seizures and Neurological Disorders, Amy Harper
 3. Pharmacologic Issues, Kurt Klinepeter
 4. Sibling Reflections on Disability Challenges, Advocacy and Resources, Ody Chamis, Lindsay Donohue, Chris Gentry & Ryan Roulondo
- 10:15 Break/Exhibitors
- 10:30 Breakout Sessions B
1. Relationships and Sexuality, Jan Kay
 2. Developmental Problems with the Premature Infant, Robert Dillard & Michael O'Shea
 3. Living Well in North Carolina: Promoting Health for Persons with Disabilities, Ellen Perry & Reena Wagle
 4. Developmental Disabilities & Aging , Melanie Bunn
- 11:45 Keynotes
Advocacy for Family, Friends and Patients, Timothy P Shriver
Everyone Can Be A Singer with the Band, Chris Burke with Joe & John DeMasi
- 12:45pm Lunch/Exhibitors
- 1:30 Breakouts Sessions C
1. Developmental Disabilities within Correctional Institutions, Laura Yates
 2. Update on Down Syndrome, Tamison Jewett
 3. Medical/Legal Issues , Bailey Liipfert
 4. Problem Behaviors, Elizabeth Allen
- 2:45 Break/Exhibitors
- 3:00 Breakout Sessions D
1. Health Care Transition for Youth & Young Adults, Monique C B Winslow
 2. Adult Developmental Medicine: Primary Care for Persons with Developmental Disabilities, Irene Jurczyk
 3. Barnyard Wisdom: Horses Helping People Heal. The Use of Equine Assisted Activities in Developmental Disorders, Kathylyn Barnhill, Susan Hubbard & Laura Pallavicini
- 4:15pm Evaluations/Adjourn

Exhibitor Registration

Northwest AHEC invites your organization to exhibit at the conference.

COMPANY NAME:

REPRESENTATIVE(S) ATTENDING (limit 2):

STREET ADDRESS:

CITY/STATE/ZIP:

PHONE:

FAX:

E-MAIL:

SPECIFIC EXHIBIT NEEDS, i.e. power source, etc:

*NOTE: All exhibitors will have a standard 6 ft. table on which to display. Skirts and tablecloths will be provided.
Electrical outlets with cords are an additional \$40. If needed, please include with exhibitor fee.*

Exhibit Fee Enclosed: Nonprofit \$150 For Profit \$350

Credit Card: Visa Mastercard AMX

Card Number:

Expiration Date:

Name as it appears on card:

Signature:

*Please make check payable to Wake Forest University School of Medicine and mail with this form to: Northwest AHEC, Attn: Karen Fritz,
Wake Forest University School of Medicine, Medical Center Boulevard, Winston-Salem, NC 27157-1028. FAX: 336-713-7701*

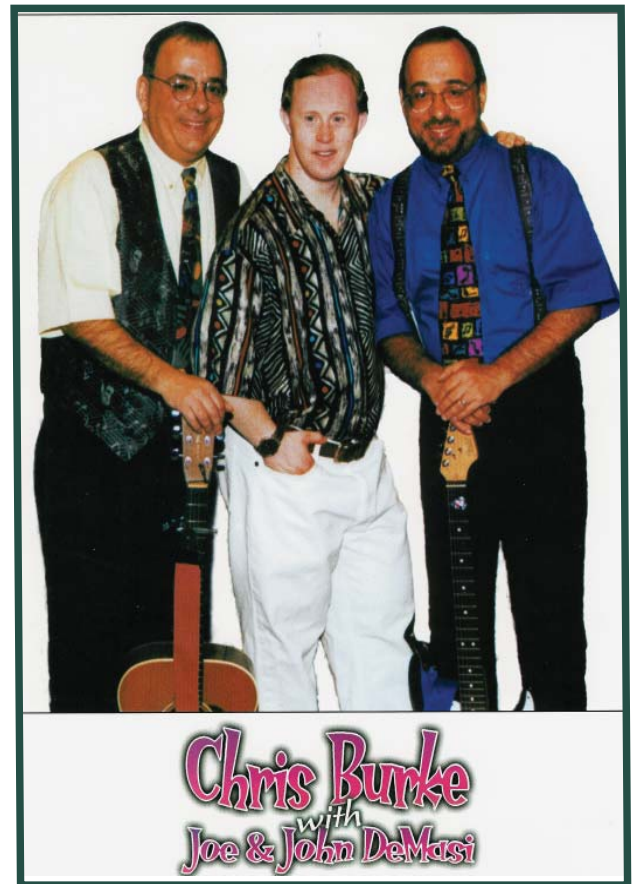
Chris Burke with Joe and John DeMasi have been delighting audiences throughout the U.S. and Canada with their inspiring, uplifting and entertaining music for over a decade. The trio brings a message of love, inclusion and celebration to the hundreds of concerts, schools, festivals, conferences and conventions that they perform at each year.

Chris is best known for the four years he spent playing Charles "Corky" Thatcher on the hit ABC-TV show "Life Goes On" and his reoccurring role as Taylor, the angel of faith on the hit CBS-TV show "Touched By An Angel". "Life Goes On" was created after Burke landed the role of a boy with Down Syndrome on the ABC-TV movie, "Desperate". His work so impressed the network executives that the show's producer was asked to write a show with Chris in mind. The critically acclaimed drama series "Life Goes On", which earned Burke a Golden Globe nomination aired on ABC from 1989-1993.

Together Chris, Joe and John have recorded four wonderfully exciting albums the entire family will love. Their most recent album "A World of Kindness", released in 2002 continues in the award winning tradition they have established for themselves. "Forever Friends" was released in the summer of 1998 and has received a Parents Choice Gold Award for Excellence, the highest honor the Parents Choice Foundation can bestow!

When Chris was born with Down Syndrome in New York City in August of 1965, the doctors advised his parents to put him in an institution. The Burkes not only ignored that advice but treated Chris the same as his older brother and two sisters, a decision that has led to a remarkable life and talent!

While Chris was forced to attend private schools because of the lack of public education for children with Down Syndrome when he was growing up, he spent his summers at a camp on Long Island, N.Y. for children with disabilities. This is where he met twin brothers Joe and John DeMasi, professional musicians and published songwriters who worked there as music counselors. Although everyone at the camp was touched by the DeMasi's music, it was Chris who became their biggest fan and closest friend, participating in all of the musical activities and shows they ran. "I've always wanted to be an entertainer just like Donny Osmond", says Chris. "To be able to have a music career with my two best friends, the guys who taught me all about music, is a dream come true." The three developed a friendship that has lasted over twenty-five years. "Chris has always had dreams of being an actor, a singer, a writer and helping people who have as he calls it "UP Syndrome", says Joe. Believe in yourself, work hard and never give up", says Chris. "We've all got disabilities. It's what we do with our ABILITIES that counts!" "We are all a celebration of life", says John.



Keynote Speaker Derrick Dufresne

As founder and senior partner of Community Resource Alliance (CRA), Derrick has been offering insightful training and consultation services since 1982. Over the course of his career, he has delivered conference presentations, trainings, strategic board planning retreats, workshops, and management consultation to over thirty thousand people in forty-nine states. From 2003-2009, Derrick was named President and CEO of the Institute on Public Policy For People with Disabilities. The Institute is a membership organization that focuses on promoting best practice and quality community supports for people with disabilities throughout Illinois. Derrick has served two terms on the Board of the American Association on Intellectual and Developmental Disabilities (AAIDD – formerly AAMR). He was co-founder of AAIDD's Community Living Division (now Community Services) and served as chairperson of its Legislative and Social Issues Committee (LASI) from 1988-1990.

His innovative approaches reflect his genuine compassion for helping others. In 2002, he was recognized nationally as recipient of AAMR's Service Award "For unwavering service to people with developmental disabilities in support of self-determined and inclusive lives in communities across our nation." That same year, he received the Monsignor Elmer H. Behrman Award for outstanding contributions to the field of mental retardation from the Missouri State Chapter of AAMR.

As a former real estate broker, Derrick possesses a wealth of knowledge in the areas of real estate, financing, tax credits, and subsidies. He uses this knowledge to establish affordable integrated housing throughout the United States for people with disabilities. Among his many recent projects, he has been involved in the implementation of self-determination in a Medicaid environment. This has included pairing person-centered planning with individual budgets. He is deeply interested in systems change and has presented frequently on "Changing the System One Person at a Time." He has also devoted increasing time to consultation with parents, school systems, and young people to assist in transition planning for individuals as they move from the educational system to adult services. He is deeply committed to assisting providers, advocates, state officials and others in the implementation of the principles of full inclusion for all persons with disabilities into the mainstream of community life.

Keynote Speaker



Timothy P Shriver is the Chairman of Special Olympics. In that capacity, he serves 3.1 million Special Olympics athletes and their families in 175 countries. He has helped transform Special Olympics into a movement that focuses on respect, acceptance and inclusion for individuals with intellectual disabilities in all corners of the globe.

After taking the helm at Special Olympics in 1996, Shriver launched the organization's most ambitious growth agenda, leading to the recruitment of more than 2 million new athletes around the world. He has worked with the leaders of China to initiate a thriving Special Olympics Program in their country, highlighted by their hosting the 2007 Special Olympics World Summer Games in Shanghai. He has also worked with world leaders such as Nelson Mandela, Bill Clinton, George Bush, Bertie Ahern, Rafiq Hariri, Thabo Mbeki, Julius Nyerere, Hosni Mubarak and Shimon Peres to advance the growth of the Special Olympics mission and vision while challenging nations to adopt more supportive and just policies. He has spearheaded programs in developing or war-torn countries such as Afghanistan, Bosnia Herzegovina and Iraq.

Introducing Something New

Shriver has also created exciting new Special Olympics initiatives in athlete leadership, cross-cultural research, health, education and family support. Among them, Special Olympics Healthy Athletes® has become the world's largest public health screening and education program for people with intellectual disabilities, and Special Olympics Get Into It®, together with Unified Sports®, promotes inclusion and acceptance around the world. In addition, he has worked to garner more legislative attention and government support for issues of concern to the Special Olympics community, testifying before the U.S. Congress on numerous occasions.

As part of his passion for promoting the gifts of the forgotten, Shriver has harnessed the power of Hollywood to share the stories of inspiration and change, co-producing DreamWorks Studios' 1997 release, "Amistad," and Disney Studios' 2000 release, "The Loretta Claiborne Story." He is Executive Producer of "The Ringer," a Farrelly Brothers' film, and also has produced or co-produced shows for ABC, TNT and NBC networks, and made broadcast appearances on "The Today Show," CNN, MTV and Nickelodeon's "World of Difference."

The Making of a Leader

Before joining Special Olympics, Shriver was and remains a leading educator focusing on the social and emotional factors in learning. He has worked in substance abuse prevention, violence, dropout prevention and teen pregnancy prevention. He created the New Haven Public Schools' Social Development Project, now considered the leading school-based prevention effort in the United States, and co-founded the Collaborative for Academic, Social and Emotional Learning (CASEL), the leading research organization in the United States in the field of social and emotional learning. Shriver currently chairs CASEL.

Shriver earned his undergraduate degree from Yale University, a Master's degree in Religion and Religious Education from Catholic University, and a Doctorate in Education from the University of Connecticut. He is the recipient of numerous honors, including honorary degrees from Loyola University, New England College and Albertus Magnus College; the Medal of the City of Athens, Greece; the Order de Manuel Amador Guerrero of the Republic of Panama; the 1995 Connecticut Citizen of the Year; the Surgeon General's Medallion; and the 2007 Lions Humanitarian Award. He has authored articles in many leading publications including "The New York Times," "The Washington Post" and "Commonweal."

Shriver serves on the Boards of the WPP Group and Neogenix Oncology, Inc. He is a member of the Council on Foreign Relations.



SAVE THE DATE

Autism Conference

September 2010

*Stay tuned to northwestahec.org
for more details.*

Faculty

Elizabeth Allen, MD, Assistant Professor, Developmental and Behavioral Pediatrics, Department of Pediatrics, Wake Forest University School of Medicine

Kathlynn Barnhill, PT, Owner/Staff Therapists, Kids in Motion Therapy Services, Contract Physical Therapist, Riverwood Therapeutic Riding Center

Melanie Bunn, RN, MS, GNP, is a nurse practitioner who has worked in geriatrics since 1983 in hospitals and long-term care facilities. She is involved with program development and education for the Eastern North Carolina Chapter of the Alzheimer's Association.

Ody Chamis, Financial Advisor, Edward Jones

Mary Christiaanse, MA, MD, Assistant Professor, Developmental and Behavioral Pediatrics, Department of Pediatrics, Wake Forest University School of Medicine

Robert Dillard, MD, Professor, Neonatology, Department of Pediatrics, Wake Forest University School of Medicine

Lindsay Donohue, Farr Associates Sales Associate

Amy Harper, MD, Assistant Professor, Department of Neurology, Wake Forest University School of Medicine

Susan Hubbard, Executive Director/Certified Therapeutic Riding Instructor, Riverwood Therapeutic Riding Center

Chris Gentry, Director of the Family Support Network of Greater Forsyth

Tamison Jewett, MD, Director, Clinical Genetics Services, Section on Medical Genetics, Department of Pediatrics, Wake Forest University School of Medicine

Irene Jurczyk, Director, Interdisciplinary Education, Associate Director, CME/Dental /Allied Health Mountain Area Health Education Center

Jan Kay, MA, HSP-PA, Licensed Psychological Associate specializing in developmental disabilities, mental retardation, autism cerebral palsy, learning disabilities and mental illness. Expertise includes psychological and educational evaluations; functional behavioral assessments and behavior support plans; individual, group and family counseling; parent training, staff development and teacher training.

Kurt Klinepeter, MD, Associate Professor of Pediatrics, Section Head of Developmental and Behavioral Pediatrics, Medical Director of Amos Cottage, Children's Treatment Program, Wake Forest University School of Medicine

Bailey Liipfert, JD, Certified as an Elder Law Attorney by the National Elder Law Foundation

Michael O'Shea, MD, MPH, Professor, Vice Chair, Section Head, Neonatology, Department of Pediatrics, Wake Forest University School of Medicine

Laura Pallavicini, Program Director/Certified Riding Instructor, Riverwood Therapeutic Riding Center

Ellen Perry, founded the advocacy group Real Advocates Now Emerging (RANE) based on principles of self-determination and, as a result, automatic door openers were installed at the Carrboro Town Hall and the Century Center. Perry also played a pivotal part in the Hurricane Katrina Equipment Distribution Program for People with Disabilities and Older People, and as a member of countless developmental-disabilities leadership councils and programs she's worked painstakingly for more housing options and improvements in transportation.

Ryan Rotundo, student

Reena Wagle, PhD, Project Director, Human Services Research Institute

Monique C. B. Winslow, PhD, CHAT Program Coordinator, NC DHHS/Division of Public Health Children & Youth Branch

Laurie Yates, MSW, LCSW-P, Social Work Program Director/ADA Coordinator NC Department of Correction/Division of Prisons

Registration Form

Developmental Disabilities through the Lifespan

October 30, 2009 - Winston-Salem, NC

Name _____

Profession _____ Degree _____ Job Title _____

Last Four Digits of Social Security Number (required)

Employer Name _____

Contact Method: Mail Only Email Only Both

Preferred Mailing Address: Home Work Preferred Email Address: Home Work

City _____ State _____ Zip _____ County _____

Phone _____ Fax _____

Email Addresses:

Work Email Address _____ Home Email Address _____

Please select breakout sessions you would like to attend:
(Breakout session space is limited. Specify a first and second choice by placing a 1 or 2 in the line provided.)

9:00 am - 10:15 am

- ___ Feeding/Nutrition/Obesity
- ___ Seizures and Neurological Disorders
- ___ Pharmacologic Issues
- ___ Sibling Reflection on Disability Challenges, Advocacy & Resources

10:30 pm - 11:45 pm

- ___ Relationships and Sexuality
- ___ Developmental Problems with the Premature Infant
- ___ Living Well in NC: Promoting Health for Persons with Disabilities
- ___ Developmental Disabilities & Aging

1:30 pm - 2:45 pm

- ___ Developmental Disabilities within Correctional Institutions
- ___ Update on Down Syndrome
- ___ Medical and Legal Issues
- ___ Problem Behaviors

3:00 pm - 4:15 pm

- ___ Health Care Transition for Youth & Young Adults
- ___ Adult Developmental Medicine: Primary Care for Persons with Developmental Disabilities
- ___ Barnyard Wisdom: Horses Helping People Heal. The Use of Equine Assisted Activities in Developmental Disorders

Payment Method: \$100 (\$125 -- registration fee postmarked after October 16)

Cash Amount Enclosed \$ _____

Check Enclosed Check No. _____

(Make check payable to "Wake Forest University School of Medicine")

Credit Card (select one): Visa MasterCard American Express

Name As It Appears On Card _____

_____ / _____

Card Number _____ Expiration Date _____

Credit Card Billing Address _____

Cardholder Signature _____

Please specify credit hours needed:

- CEUs Contact Hours NBCC
- CHES Category A for Psychologists
- Infant Toddler/Family Certificate
- AAFP NCSAPPB



Mail completed form to:

Northwest AHEC
Wake Forest University School of Medicine
Attention: Liz Leonard
Medical Center Boulevard
Winston-Salem, NC 27157-1060
or fax to: 336-713-7701